

BABY'S HEALTH ASSESSMENT:

NAME:

Today's Date: __ / __ / ____

This is a questionnaire that assists you to “quantify” your Baby's health.

The baby's health checklist: Read each description and tick inside the box which most closely corresponds to how you feel about each one in both the regularity and severity sections. (You will have two ticks in each row next to each description, one for regularity and one for severity.)

	REGULARITY					SEVERITY				
	Never	Rarely	Sometimes	Often	Always	None	Mild	Moderate	Severe	Unbearable
Crying regularly &/or for prolonged periods										
Shrill &/or piercing cry										
Phlegm, cough &/or breathing problems										
Drawing knees up towards chest										
Avoiding eye contact										
Arms &/or legs flail outwards when startled										
Broken sleep during day										
During day; awakes crying &/or difficult to settle										
During night; repeatedly awakes crying &/or needs >2 feeds										
Bottle fed										
Restless while sleeping										
Rashes &/or spots										
Bowel movements green, frothy &/or foul smelling										
Office Use Only										

	<u>REGULARITY</u>					<u>SEVERITY</u>				
	Never	Rarely	Sometimes	Often	Always	None	Mild	Moderate	Severe	Unbearable
Rare bowel movements										
Seemingly painful bowel movements										
Difficulty attaching &/or sucking when feeding										
Asymmetrical head shape &/or "bald" patch in hair										
Difficulty feeding on one side										
Reaction to vaccination										
Difficult &/or prolonged labour										
Assisted birth (caesarian, induced, forceps &/or suction)										
Infections, snuffly &/or snotty nose										
Taking prescription &/or over the counter medication/s										
Head appears to rest to one side										
Vomiting, reflux, constipation &/or diarrhoea										
Office Use Only	0	1X _ =	2X _ =	3X _ =	4X _ =	0	1X _ =	2X _ =	3X _ =	4X _ =

Office Use Only

A) Regularity Total = ____ B) Severity Total = ____ C) Total = ____

A) & B): I = 0-20, II = 21-40, III = 41-60, IV = 61-80, V = 81-100; C) I = 0-40, II = 41-80, III = 81-120, IV = 121-160, V = 161-200.